CONSEQUENCES OF HEPATITIS C VIRUS (HCV) COSTS OF A BABY BOOMER EPIDEMIC OF LIVER DISEASE

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Bruce Pyenson, FSA, MAAA Principal & Consulting Actuary

Kathryn Fitch, RN, MEd Principal & Healthcare Management Consultant

Kosuke Iwasaki, FIAJ, MAAA, MBA Consulting Actuary



A BABY BOOMER EPIDEMIC OF LIVER DISEASE

- Annual medical costs for patients with HCV infection are expected to more than double, from \$30 billion to over \$85 billion over the next 15 years.
- Baby boomers account for two out of every three cases of chronic HCV infection in the United States.
- As baby-boomers infected with hepatitis C virus (HCV) age, their disease may progress from asymptomatic infection to advanced liver disease.
- While new HCV infections have declined dramatically over the last two decades, at least 3 million Americans are chronically infected with HCV.

This presentation contains the summary findings of research by the authors. Please refer to the full report for details.



BACKGROUND

CHRONIC HCV INFECTION: AN EPIDEMIC AMONG BABY BOOMERS

- Approximately 3 million Americans are currently infected with hepatitis C virus (HCV).
- Baby boomers account for two out of every three cases of chronic HCV infection in the United States.
- This report provides 20-year cost projections for the population infected with HCV in the U.S.



The Peak Prevalence for HCV is in People Born in the 1950s



Milliman estimates based on analysis of NHANES databases

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THE COSTS OF HCV WILL GROW AND SHIFT TO MEDICARE

Annual Medical Costs for People with Chronic HCV infection from 2009 to 2028 by Source of Insurance



Milliman estimates. VA = Veterans Administration

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Cost Projections

- Overall healthcare costs will more than double over 20 years.
- The per-patient cost of caring for people with chronic HCV infection will increase 3.5 times in 20 years.
- In 10 years, commercial and Medicare costs will more than double.
- In 20 years, Medicare costs will increase 5-fold.



TODAY'S HCV INFECTED POPULATION

Identifying Cases in U.S. Payer Data

- Based on NHANES, we estimate that about 1.0% of Americans have chronic HCV infection.
- Comparing NHANES prevalence with our examination of medical claims data, we estimate that 78% of people with HCV infection have not been diagnosed.
- The peak birth year for both men and women is about 1953, with men having higher prevalence than women.



Born in Early 1950s -- The Peak Prevalence of Diagnosed HCV infection for Males in the Commercial Population



Milliman analysis of Thompson Medstat MarketScan data. "MS02" refers to the source data – MedStat 2002. Each annual MedStat database contains the medical claims for millions of lives.



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Born in Early 1950s -- The Peak Prevalence of Diagnosed HCV infection for Females in the Commercial Population



Milliman analysis of Thompson Medstat MarketScan data. "MS02" refers to the source data – MedStat 2002. Each annual MedStat database contains the medical claims for millions of lives.



High Prevalence of Diagnosed HCV Infection among Under 65 Medicare Beneficiaries -- Males



Male Medicare Beneficiaries

Milliman analysis of Medicare 5% Sample 2006 database



High Prevalence of Diagnosed HCV Infection among Under 65 Medicare Beneficiaries -- Females





In 2008, Most People with Chronic HCV Infection are Covered by Commercial Insurance





HCV Disproportionately Affects African-Americans



Relative Risk of Being HCV Positive by Race

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HCV-RELATED LIVER DISEASE CAN BE PROGRESSIVE

- Chronic HCV infection w/o cirrhosis
- Compensated cirrhosis
- Advanced Liver Disease
- <u>Decompensated cirrhosis</u> (includes complications such as ascites, variceal bleed, encephalopathy)
- <u>Hepatocellular carcinoma</u> (HCC or liver cancer, an indication for liver transplant in a limited number of patients)
- <u>Liver transplant</u> (including new transplants and survivors of liver transplants in previous years)



FINDINGS

- The total number of patients with advanced liver disease will more than quadruple in 20 years.
- Over the next 10 years, the number of patients with decompensated cirrhosis will more than quadruple.



Advanced Liver Disease and HCV: Gloomy Forecast

 In 20 years, the number of patients with advanced liver disease will more than quadruple.

 In 10 years, the number of patients with decompensated cirrhosis will more than quadruple.



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Medicare will Play an Increasing Role in Covering People with HCV

Source of Insurance



Milliman estimates

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Advanced Liver Disease Will Make up an Increasing Portion of Costs for People with Chronic HCV infection



Chronic HCV infection Population Annual Total Medical Costs and Per-Patient-Per Month Costs: 2009 to 2028



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Methodology

- The results reported in this presentation are based on applying disease progression assumptions to payer-distinct populations of HCV infected people. We linked age and sex of the infected individual, costs, and mortality, to chronic HCV infection disease progression. We used a Monte Carlo simulation approach, applying transition probabilities on a monthly basis for 20 years.
- We emphasize that most of the disease progression assumptions we used are based on limited data. We implicitly assumed that current treatment practices and cost levels would continue over the projection period.
- No forecast can capture all important factors, and this limitation applies to our work. Actual results are likely to differ from those we present.
- Please see the full report for additional, important information.



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